SICILIA OCCIDENTALE / TRAVEL GUIDES · ENGLISH

Walking, one step into the landscape



A summit walk, a coastal crossing or a route through rural settlements: choose the landscape, then match the plan to your energy. Find starting points, published distances, indicative times and maps below.

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Read the current online guide

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Links and map buttons require an internet connection. Information reflects the portal on 6 November 2026; consult the linked operators and authorities for current access and services.

01 / THE VIEW FROM ABOVE

Monte Monaco

The mountain at the eastern end of the bay offers views over the village and both sides of the peninsula. The destination is the summit cross; the western route starts on Strada Comunale Mondello behind San Vito.

Summit elevation: 530 m

Uphill route: Around 3 km

Indicative time: 1 hr 30 up + 1 hr down, excluding stops

Effort: Moderate; uphill on natural ground, exposed to the sun

The eastern approach is separate, from the SP63, identified as CAI trail 609. Choose your approach before setting off: descending the opposite side requires a return plan to your starting point. It is not automatically a loop.

West starting point · Mondello

East starting point · SP63

02 / TRAIL AND COVES

Zingaro: the coastal trail

The trail links the south entrance near Scopello with the north entrance near San Vito, passing headlands and the Uzzo area, with descents to permitted coves. If staying in San Vito, starting at the north entrance avoids driving around to Scopello.

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Published distance: Around 7 km, one way

Manager’s indicative time: Around 2 hours, one way without stops

Out and back: Around 14 km; allow extra time for heat, undulations and swims

Terrain: Natural trail, stony sections and descents to coves

You do not need to cross the entire reserve: enter from the north, choose an accessible cove and return along the same path. For a full crossing, arrange transport from the opposite entrance beforehand; do not assume an internal shuttle exists.

Manager’s trail description

Choose a cove



Cala Tonnarella dell’Uzzo · The Cosmonaut, CC BY-SA 4.0.

03 / THE RURAL LANDSCAPE

Zingaro: mid-level trail and Borgo Cusenza

For walkers who want to climb above the coves into the reserve’s interior. The manager’s route links Tonnarella dell’Uzzo, Torre dell’Uzzo, Marinella, Sughero, Borgo Cusenza and Casa Forestale through the rural landscape.

Published route length: Around 7.5 km

Indicative time: 3 hours for the described route, excluding stops

Starting area: Northern side / Tonnarella dell’Uzzo area

Plan ahead: Return route and ascent on the map; this is not a shoreline stroll

For a complete circuit, check links to the coastal trail and ask at the entrance which branches are open. Wells and troughs are not a drinking-water supply.

Open the mid-level trail description

04 / THE MOUNTAIN BY THE SEA

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Monte Cofano: choosing a coastal section

The headland separates the Custonaci coast from the Gulf of Macari. For a coastal walk, locate Frassino, Torre di San Giovanni and Tonnara di Cofano on the map: they are different landmarks, not one parking area. Choose your entrance and turnaround point in advance.

A summit ascent and a coastal walk have different demands. Do not judge the route by the mountain’s height alone. Use the manager’s map to distinguish sections and check closures; the complete circuit should not be assumed open.

Monte Cofano trail map · PDF

Manager’s notices

Monte Cofano guide

Find your bearings: west coast, village and Zingaro

Macari and Castelluzzo face west towards the Gulf of Monte Cofano. San Vito’s beach fronts the village; Tonnara del Secco and Zingaro lie on the other side of the peninsula.

Zingaro Open the trail map · manager’s PDF

Monte Cofano Open the trail map · manager’s PDF

Save the map before heading out. A map does not replace opening notices or signs; not every marked line represents a route currently open.

Before setting off: plan the whole walk

• Allow for the return, not just reaching the viewpoint or cove. Add breaks and a margin before entrance closing times.

• Wear shoes with good grip; bring water for the full outing, a hat, sun protection and an offline map. In hot months, start early and avoid midday heat.

• With children, consider terrain, ascent and heat: short does not automatically mean easy. Published times are walking estimates, not swimming or visiting time.

• Tell someone your route and return time. If booking a guide, agree the itinerary, difficulty and activity qualifications beforehand. In an emergency call 112 and give your location and situation.

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Route sources

Reviewed: 29 October 2026. Times and distances are indicative figures from the linked descriptions. Recheck route and access conditions for the day of your walk.

- Riserva Zingaro · coastal trail
- Riserva Zingaro · mid-level trail
- Reserve manager · notices and maps

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Rooms in San Vito Lo Capo, a short walk from the beach and village centre.

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Mancina Soul

Your stay in San Vito Lo Capo: explore the apartments and contact the property directly.

Visit website and enquire >

Sale e Mulini

Holiday homes, excursions, car hire, transfers and ticketing to help plan your trip.

Visit website and enquire >

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